

The Consexual Creed[®]

Taken from www.endingtheviolence.info/index.html.

As a Consexual, I enjoy mutually satisfying sexual relationships due to my respectful attitudes and choices. Being a Consexual means that I:

1. believe that my partner's sexual safety and autonomy are always more important than my own sexual access and satisfaction;
2. will always take steps to ensure that I have fully informed consent prior to engaging in any sexual behavior;
3. will never seek sexual contact with anyone who is incapable of granting consent (e.g., anyone who is underage, drug-impaired, unconscious, etc.);
4. will disclose relevant information (e.g., exposure to disease, attitudes toward pregnancy, commitment to the relationship, etc.) so that my potential sexual partner can make an informed decision;
5. believe that sexual contact is always a privilege. No one has a right to demand sexual contact from another person;
6. will never force, coerce, manipulate or deceive anyone in order to have sex. There is no justification for engaging in sexual contact without consent;
7. realize that anyone who has given consent may withdraw that consent at any time, without needing to justify that decision: "When in doubt, I will stop and check it out";
8. will take full responsibility for my own sexual behavior. I will not blame others; and
9. will promote sexual safety by confronting abusive attitudes and behavior in others.

Signature: _____

Date: _____

Witness: _____

Date: _____

